



# Coastal Podiatry Associates





December is a month packed with holiday celebrations and festivities, but all the fun and merriment can take a toll on our feet. From office parties to family gatherings, we find ourselves on our feet for extended periods, dancing the night away or rushing around to get everything done. It's no wonder that by the end of December, our poor feet desperately need some relief.

Caring for your feet is just as important as enjoying those holiday celebrations, so get in touch to schedule your appointment for the new year!

**[Start 2024 off on the right foot!](#)**

**843-449-3668**

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**Health-friendly & festive!**

Serve **this** healthy dessert when you want festive holiday flavors in a lightened-up--and totally delicious--package.

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### **How To Avoid Swollen Feet During Holiday Travel**

When traveling, it is important to keep normal blood flow. Here are some **tips** to promote blood circulation to your feet during holiday travel.

**William Parker, DPM, FACFAS, FASPS**

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# COASTAL PODIATRY SOCKS & FLOPS DRIVE

SUPPORTING  
\*NEW DIRECTIONS\*  
OF MYRTLE BEACH



DECEMBER 1ST - 29TH

DROP OFF NEW SOCKS OR FLOPS  
AT ANY COASTAL PODIATRY  
LOCATION

843-449-FOOT (3668)

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We look forward to seeing you at any of our five convenient locations in Myrtle Beach, Conway, Little River, Surfside Beach, or Carolina Forest.

1-843-449-FOOT (3668)

Get in touch!

